



**Road Running Technical Council  
USA Track & Field**

# Measurement Certificate



Name of the course Good Samaritan 10K Distance 10 km  
 Location (state) NY (city) Liverpool  
 Type of course: road race  calibration course  track   
 Measuring methods: bicycle  steel tape  electronic distance meter   
 Measured by (name, address, phone & e-mail) Dave Oja, 213 Scott Ave, Syracuse, NY 13224;  
315-446-6285; daveoja@a-znet.com  
 Race contact (name, address, phone & e-mail) Debbie Cerelli, 4851 VerPlank Rd, Clay, NY 13041;  
315-350-7854; dcerelli@hotmail.com  
 Date(s) when course measured: April 9, 2017  
 Number of measurements of entire course: 2 Course Configuration: out-and-back (1x)  
 Elevation (meters above sea level) Start 114 Finish 114 Highest 130 Lowest 111  
 Straight line distance between start & finish 0.0 Drop 0.0 m/km Separation 0.0 %  
 Type of surface: paved 100 % dirt - % gravel - % grass - % track - %  
 Effective date of certification: April 10, 2017 Certification code: NY17008JG

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

*Verification of Course* — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year* 2027

### AS NATIONALLY CERTIFIED BY:

Digitally signed by James A. Gilmer  
 DN: cn=James A. Gilmer, o=NY Regional Certifier,  
 ou, email=jim.gilmer@gmail.com, c=US  
 Date: 2017.04.13 13:25:12 -0400

Date: April 13, 2017

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222  
 Phone: 518-852-3562 • Email: jim.gilmer@gmail.com

## Good Samaritan 10K Liverpool, NY 13088

**START:** The coincident START/FINISH line is the line between the steel poles to which are hinged the pair of gates separating the Long Branch parking area from the asphalt roadway that runs from the NW corner of the parking area to the shelters and Park office.

**1 mile:** Marked with a yellow dot on the west edge of the West Shore Trail, approx. 120 meters south of the sharp bend in the Trail located south of the northernmost shelter.

**2 mile:** Marked with a yellow dot on the west edge of the West Shore Trail, approximately midway along the straightaway closely paralleling I-690 and south of the southernmost intersection of the paved West Shore Trail and unpaved Lakeland Trail.

**3 mile:** Marked with a yellow dot on the south edge of Restoration Way on a perpendicular line from the center of the north wall of the restroom building north of the Lakeview Amphitheater.

**Turnaround:** The turnaround point is marked by a yellow dot in the center of the concrete portion of Restoration Way in the Lakeview Amphitheater. The turnaround point is 7' 1" north of the 2nd most southerly main support column (behind Section 308, seat 8). Runners should make a counter-clockwise turn around a traffic cone or other temporary marker placed on the turnaround point during the race.

**4 mile:** Marked with a yellow dot on the east edge of the east side of the "loop" in the West Shore Trail adjacent the southern pedestrian bridge across I-690.

**5 mile:** Marked with a yellow dot on the east edge of the West Shore Trail, within 20 feet of the south end of a straightaway in the Trail.

**6 mile:** Marked with yellow paint on the paved south shoulder of Long Branch Rd., 3' 2" east of the western terminus of the concrete curbing at the entrance of the West Shore Trail parking area.

**FINISH:** The FINISH line is coincident with the START line.

**The entire course is unrestricted. Participants should stay to the right when passing participants headed in the opposite direction.**

**Appropriate traffic control and course monitors should be positioned along the Long Branch Rd. portion of the course throughout the event.**

**This course was measured by and this map was drawn by Dave Oja (315-446-6285; [daveoja@aznet.com](mailto:daveoja@aznet.com)) on April 9, 2017.**

